

## *Treatment Consent and Agreement*

Please review this form carefully, and feel free to ask any questions.

### *Welcome and information about our Services:*

Here at Brave New Things we believe it is a courageous step to seek counseling services. We commend you on this step and will take a sensitive approach to wherever you are in this process. You have all the control on where your treatment leads. The outcome of treatment depends largely on your willingness to engage in the therapeutic process, which can feel like a ride with both ups and downs. In some cases you may experience feeling worse after a session. It is important to keep in mind the long term benefits of counseling may include (but are not limited to) improved functioning, relationships, self-image, mood, and the attainment of personal goals. Your therapist is here as a guide through the successes and challenges within the therapeutic process, it is all part of the Journey, so let's ride!

### *Confidentiality:*

Your confidentiality and privacy is a priority! All Protected Health Information (PHI), communications and records with your Brave New Things counselor is fully compliant with HIPAA privacy rules. In accordance with state law and HIPAA, information may be released for the following: (1) the client provides a written consent to release; (2) the client expresses serious intent to harm self or someone else; (3) there is reasonable suspicion of abuse against a minor, elderly person, or dependent adult; (4) for billing purposes; or (5) a subpoena or court order is received.

### *Communication & Online Counseling:*

Brave New Things counselors utilize telephone and email to communicate with clients outside of sessions. Since telephone and email are not encrypted methods of communication, some confidentiality risk exists with the use of these mediums. Inform your counselor of your preferred contact method at the start of treatment and at any point in treatment this preference changes:

Preferred contact method: \_\_\_\_\_

Email:

Phone Number:

### *Cancellations & Service Fees:*

Appointments can be cancelled/rescheduled as long as 24 hours notice is provided. If less than the required notice is given, the client agrees to pay the fee for the session. If the client no shows after 15 minutes into the scheduled time of a session it will be considered a cancellation. Request for a fee will be provided. Services will not continue until this cancellation fee is completed.

Out of pocket payment is due at the time of the service. By signing, you attest that payment method was discussed with you when you scheduled your session. In circumstances when the clinician does not find this treatment is fitting for the client other options will be discussed and proper referrals will be made if necessary.

# *Brave New Things*

Mental Wellness Counseling & Coaching

To cancel you can simply email [Joe@bntcounseling.com](mailto:Joe@bntcounseling.com). Clients give the practice permission to charge for any outstanding fees and complete the payment.

**By signing and dating this form below I am confirming that I have read, fully understand and agree to honor this agreement.**

Client(s) Name \_\_\_\_\_

Client(s) Signature \_\_\_\_\_

Date \_\_\_\_\_